



EARTH NATIVE  
WILDERNESS SCHOOL

# Wilderness Skills Overnight Camp

## What to Bring

**\*\*PLEASE LABEL ALL YOUR CAMPER'S BELONGINGS\*\***

- 6 full changes of clothing
  - Comfortable clothes that can get dirty and are appropriate for the weather
  - Please pack a pair of light pants to help prevent mosquito bites
  - Please send shoes that are comfortable for playing running around games in addition to any other shoes packed.
  - Sleepwear
- 2 towels (one for showers and one for creek time)
- Swimsuit (that covers maximum amount of skin - to protect against sticks in the creek and sunburn. Rash guards are ideal.)
- Sturdy, closed-toe shoes that can get dirty
- Water shoes (will be needed for creek time)
- Tent (no larger than a 4-person tent allowed)
- Sheet or lightweight blanket (even lightweight sleeping bags are too warm in the summer)
- Outdoor sleeping mat/camping pad
- Pillow – if desired
- Rain-gear or poncho
- Bug spray and anti-itch cream/spray!!
- Sunscreen/Hat
- Flashlight or headlamp
  - If you purchased a headlamp during registration, it will be given to your child at camp.
- 1 full water bottle, at least 27 oz.
  - If you purchased a water bottle during registration, it will be given to your child at camp.
- Toiletries (toothbrush, toothpaste, biodegradable soap, etc.)
  - Avoid scented items because they will attract insects.
  - All shampoo, body wash, soap, etc. should be biodegradable
- Small Backpack (Daypack)
  - This is in ADDITION to whatever you pack all your camper's other belongings in (i.e. suitcase, duffel bag, trunk, etc.)
- Mess Kit (non-breakable plate, bowl, spoon, fork, knife, cup)
  - If you purchased a mess kit during registration, it will be given to your child at camp.
- Medications (if applicable) – Please list all medications on your child's registration form.



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- Any medications must be given to the staff at check-in on Monday morning.
- Knife - Morakniv Craftline Basic with Stainless Steel Blade (3.6 in blade)
  - If you purchased a knife during registration it will be given to your child at camp.
  - If you purchased a knife on your own, please be sure to pack it.

All meals are provided at camp. Please **do not send any food** with your child to camp. If your child has any dietary restrictions that we cannot accommodate, please be sure to get in contact prior to camp. Please bring a packed lunch for pick-up on Friday.

### Optional Items (to help beat the heat):

- HIGHLY RECOMMENDED:** [Battery operated fans](#) that can hang/set in tents (pack extra batteries). If your child has a rechargeable fan please let them know to ask for help recharging it during the day.
- [Water bottles that also spray mist](#) or [cooling towels](#) that can be worn around the neck.
- Lastly, feel free to pack playing cards, books, non-electronic games, etc. for tent time. (No phones or electronics are permitted at camp)

**NOTE:** We do have a limited amount of gear that is available for rent if you don't have an item on the list and would prefer not to buy it. If you did not choose this during your registration process but are still interested, please contact [info@earthnativeschool.com](mailto:info@earthnativeschool.com) to have any purchases or rentals added. Rental gear is limited and is available to reserve on a first come, first serve basis. If you are interested in renting items from us, please let us know ASAP so we can hold them for you. Please make all purchases/rentals in advance of camp.

### What NOT to Pack:

- Electronics – Including **cell phones**, iPads, video games, apple watches, etc. If parents would like to check up on their campers, they can contact the Camp Director at any time.
- **Any food at all**
- Excess extra clothes