

# Survival Skills Intensive 2024-25 Resource and Supply List



EARTH NATIVE  
WILDERNESS SCHOOL

## Required Texts:

*Bushcraft* by Mors Kochanski

*Deep Survival* by Laurence Gonzales

*Foraging Texas: Finding, Identifying, and Preparing Edible Wild Foods in Texas* by Eric M. Knight and Stacy M. Coplin

## Recommended Texts:

*The Forager's Harvest* by Samuel Thayer

*Edible and Useful Plants of Texas and the Southwest* by Delena Tull

*Subsistence: A Guide for The Modern Hunter Gatherer: Hunting, Trapping, Fishing & Foraging for a Living in Central Texas* by Nathan Martinez

**Schedule:** Our first weekend of class will be held at the Earth Native Wilderness School campus at 137 Woodview Ln. in Bastrop TX. A full schedule including topics to be covered for each weekend will be given out on the first day of class. Unless noted as an overnight class we will begin at **9am** and end between **4 and 5pm**.

**September 21-22** Orientation/Survival Basics – ENWS Campus Bastrop TX

**October 19-20** ENWS Campus Bastrop TX

**November 16-17** ENWS Campus Bastrop TX – **(Overnight)**

**December 14-15** ENWS Campus Bastrop TX

**January 18-20**

**February 15-17**

**March 15-16**

**April 26-30**

**Local Overnight Trip**

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ENWS Campus Bastrop TX

**Overnight 5-day Survival Trip - East Texas**

## Equipment:

**Clothing** – Clothing for the field should allow you to be safe outside all day (This will vary depending on location and time of year). Closed toe shoes are required. Be sure to include:

- Rain gear
- Warm layers
- Sun protection
- Appropriate footwear

**Camping Gear** - Meals are **not** included in the program. Students will need to provide their own camping equipment and food. Be sure to include:

- Flashlight or Headlamp (headlamp recommended)
- Food for overnight weekends (including lunches which can be taken into the field)

## Survival Equipment

- Day pack for field excursions
- Stainless steel water bottle (not insulated)
- Quality Compass with a rotating bezel
- Quality non-folding knife (We have some of the best survival knives you can buy for sale for \$25-\$80 if you don't already have a knife.)
- Lighter
- Camera (optional)
- Binoculars (optional)
- Water filter - Recommend Sawyer Squeeze or similar (optional)

## Other Materials

- Notebook for taking notes in class
- Pen and Pencil
- Outdoor Chair